



Monday, March 4 *St. Casimir*
8:00a.m. Benedicto Ngo Tran

Tuesday, March 5 *SHROVE TUESDAY*
*** Note Time Change ***
8:00am Ita Cox
No evening Mass

Wednesday, March 6 *ASH WEDNESDAY*
8:00a.m. MISSA PRO POPULO
7:00pm MISSA PRO POPULO

Thursday, March 7 *Sts. Perpetua and Felicity*
8:00a.m. Ann tenTusscher

Friday, March 8 *St. John of God*
8:00a.m. Intentions of Linnea

Saturday, March 9 *St. Frances of Rome*
9:00a.m. For Our Holy Father, Pope Francis

5:00p.m. Lina Febrarro William Imhof
Intentions of Deanne EunSun Shin
Artemio Torres Mendoza

**Diocesan Prayer Calendar
Week of the March 3rd, 2019**

This week we especially pray for:

- Monday Rev. Ernest Varosi, C.R.
- Tuesday Rev. Jim Donohue, C.R.
- Wednesday *ASH WEDNESDAY*
- Thursday Very Rev. Murray McDermott, C.R.
- Friday Rev. Sam Restivo, C.R.
- Saturday Rev. Rafal Tomon

God, the source of creation and love, You invite each of us to serve You through the life which is your gift. May Your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same.
Amen

LENTEN ADULT FAITH FORMATION

This Lent we will be using a new series by Bishop Robert Barron called *“Priest, Prophet and King: A Deep Biblical Look at Jesus Christ”* for Adult Faith Formation. The better we understand Jesus, the better we understand ourselves. Through this deeply biblical program, you will better understand Jesus, become more familiar with Scripture, and realize your own priestly, prophetic, and kingly mission, received when you are baptized into Christ. *“Priest, Prophet, King”* will be offered on Tuesday evenings at 7:30pm beginning on Shrove Tuesday, March 5th.

**VESPERS & BENEDICTION ON THE
FIRST SUNDAY OF LENT MARCH 10**

Vespers is the official Evening Prayer of the Church, which the Second Vatican Council desired to become a prayer for all the Church. Please come and spend an hour before the Blessed Sacrament with Solemn Vespers led by the St. Ann’s Chamber Choir on the First Sunday of Lent, Sunday March 10 at 7:00pm.

**ADORATION OF THE BLESSED
SACRAMENT DURING LENT**

You are invited to spend some precious time with our Eucharistic Lord during the Lenten Season. The Blessed Sacrament will be in the Lady Chapel from 6:00am until 11:00pm on the weekdays of Lent (6:00am to 12:00noon on Fridays) until the Wednesday of Holy Week. Sign-up sheets are available outside the Parish Hall until the beginning of Lent. Come and spend some time with our Eucharistic Lord this Lent.



**KNIGHTS OF COLUMBUS-
ANCASTER FOOD DRIVE**

St. Ann’s Knights of Columbus would like to thank the parishioners of St. Ann’s for their generosity in helping to raise money to help support the Ancaster Food Drive. \$2,600.00 was collected and the Knights, as promised will donate \$2,000.00 bringing the total to \$4,600.00. Congratulations!

SERRA CLUB DINNER

The Celebration of Priesthood & Consecrated Life Dinner sponsored by the Serra Club of Hamilton will be held on Tuesday April 30th, 2019 at Liuna Station. Please check www.celebrationprl.wixsite.com/dinner for details or call Margaret Carreiro at 905-628-5682.

THE LAW OF FAST AND ABSTINENCE

According to long standing Catholic tradition, and according to the Code of Canon Law (canons 1249-1253), all Catholics are encouraged, and most are obliged to observe days and times of fast and abstinence. The law of fast binds all adult Catholics up to their sixtieth year. Traditionally, fasting means that we only take one full meal a day, and that our other two smaller meals do not together make a full meal. The law of abstinence binds all Catholics over the age of thirteen. Abstinence quite simply means that we do not eat meat.

Ash Wednesday and Good Friday are obligatory days of fast and abstinence for the Universal Church. Catholics are encouraged to fast and abstain from meat on the Fridays of Lent as well. However, over and above that which we are bound to do by Canon Law, Catholics are encouraged by the Scriptures and by the living Tradition of the Church to willingly and joyfully take upon themselves the three traditional disciplines of prayer, fasting and almsgiving throughout the Season of Lent.

LENTEN PRAYER, FASTING AND ALMSGIVING

It has become popular in the past number of years for Catholics to say that “we used to give something up for Lent, but now we do something instead”. While this notion is intended to be a positive look at Lent it somewhat misses the point of the Catholic Tradition. Catholics have never been an “either/or” people, but rather a community that believes in “both/and”. The Gospels encourage us to three traditional disciplines, *prayer, fasting, and almsgiving*. We are meant to deny ourselves - *fasting*, in order to have more time and resources to share with the poor, the children, the aged or the infirm - *almsgiving*. All of our Lenten efforts should begin and end with prayer! As you choose how you will observe the Lenten Season please make sure that your observance includes all three of these disciplines which come to us from the Gospel of Christ.

Religious Articles Sales

Religious Articles Sales take place at the Wilson Street entrance of the Church. Next sale will be on the weekend of March 9-10.

DIOCESAN WEDDING ANNIVERSARY MASS

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2019? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, June 9, 2019 at the Cathedral Basilica of Christ the King at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Please refer to the poster at the Wilson Street entrance to the church for information on how to register for the celebration, or go to www.hamiltondiocese.com.



SHARE LENT

SHARE LENT encourages us to reach out to forcibly displaced persons and to share their journey. How?

- 1) Donate online at devp.org/give or give during the Solidarity Sunday collection on the 5th Sunday of Lent, April 7. The funds collected are used to support over 162 projects in 37 countries around the world!
- 2) Take part or organize a solidarity walk in solidarity with forcibly displaced persons: devp.org/walk
- 3) Read the Development and Peace Share Lent materials as a way to encounter children, women and men who have been forcibly displaced and to learn how their partners are making a difference.

LENTEN REFLECTION: AN INVITATION TO DIVINE INTIMACY

Join us Wednesday March 13th at 7 p.m. at Regina Mundi Church (631 Mohawk Rd. W.) for one hour of candlelight Adoration, music and reflections in His Glorious Presence with guest musicians. Bring family and friends. All are welcome. He awaits you!

Healthy Relationships Share Common Skills – Come and Learn More!

“Keys to Loving Relationships” is a ten week video-based program that all people (married, dating, or single) can use to develop the skills needed to have a truly meaningful relationship with a spouse, family member or friend. Learn how to become a better “me” in all your relationships! The program is offered at the Diocesan Chancery Office, 700 King ST. W., Hamilton, Thursday evenings from 7:00 P.M. to 9:00 P.M. March 21 - May 30, 2019

The cost is \$45.00. For more information or to register, please call the Family Ministry Office at (905) 528-7988 ext. 2249 or register at: www.hamiltondiocese.com under the start date below Upcoming Events.